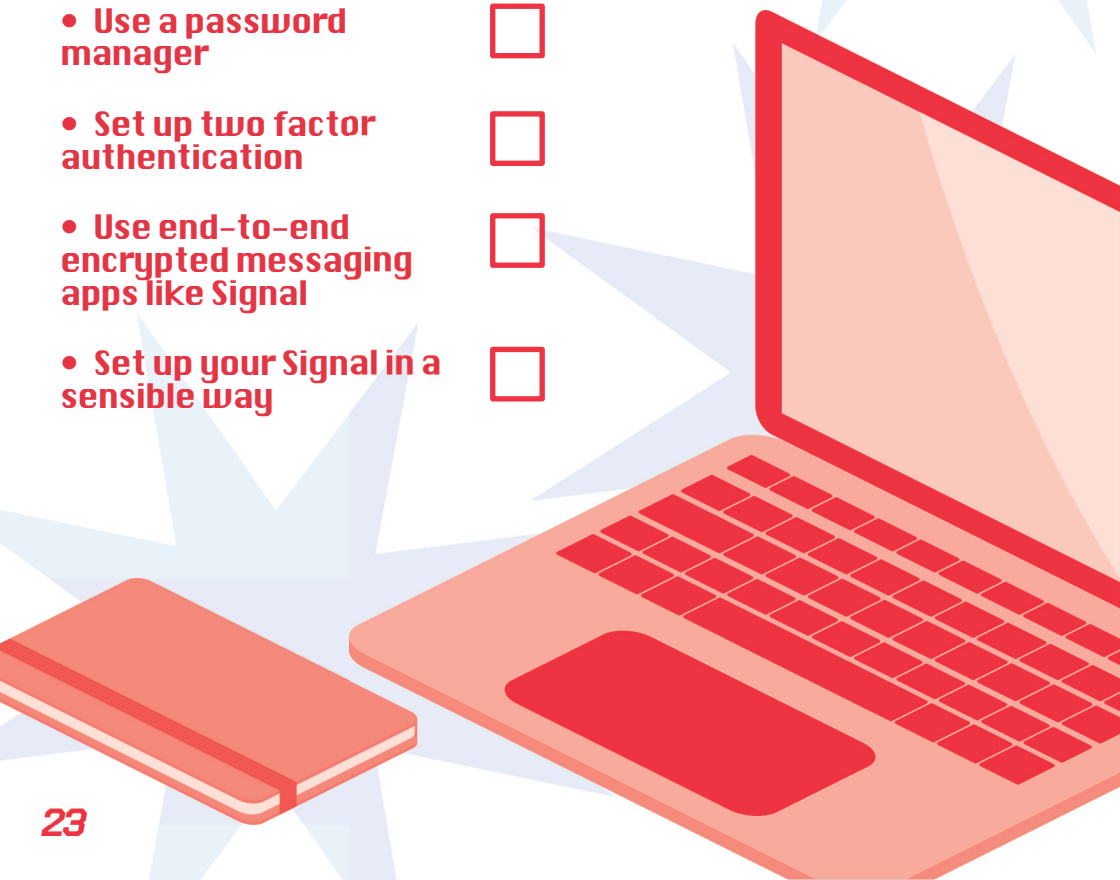
SUMMARY!

Checklist of takeaways!

PROPERTY

- Encrypt the disk of all of your devices (phone and laptop) ☐
- Use a password manager ☐
- Set up two factor authentication ☐
- Use end-to-end encrypted messaging apps like Signal ☐
- Set up your Signal in a sensible way ☐